

PARSHAS YISRO

בס"ד



PARSHAH OVERVIEW

Yisro converts to Judaism. Yisro advises Moshe to appoint judges. The Jews camp at Mt. Sinai. The Ten Commandments are enumerated.

PARSHAH STATS

Pesukim - 72 or 74
Words - 1,105
Letters - 4,022
Mitzvos - 17



GEMATRIA



The gematria of ויחן שם (using mispar musafi, adding letters) is 420. Ironically, the gematria of אחדות (mispar kolel, adding the word, i.e., 1) is also 420! This is amazing, because the words ויחן שם teach us that the Jews were unified.

THOUGHTS IN CHASSIDUS

The Tiferes Shlomo - Rebbe Shlomo of Radamsk - points out a fabulous trait that we see from Yisro who blessed Hashem for rescuing the Jews, even though he was not a part of that rescue. We see the beauty and importance of seeing the good in others!



INTERESTING FACTS



Research has shown that athletes who participate in team sports as opposed to individual sports suffer less depression and anxiety. This is because with a team sport, the athlete has other people to rely on when going through a challenge.

QUOTABLE QUOTE

"The over-emphasis on 'I' and the loss of 'We' leaves us isolated and vulnerable. It is not good to be alone."

Rabbi Lord Jonathan Sacks

QUICK VORT

The Torah states (19:2) ויחן שם ישראל נגד ההר - the Jews were encamped opposite the mountain.

Beyond the basic pshat in the verse that the Jews were opposite the mountain of Har Sinai, perhaps the Torah is alluding to another mountain.

The Talmud (Sukkah 52a) compares the Yetzer Harah to a הר, a mountain.

We are taught a lesson for how to overcome the Yetzer Harah.

That is, to come together - to be unified - against the battle of the Yetzer Harah. To discuss with each other matters of ruchnius, to learn mussar together, to support one another.

We are am yisroel. Let's leave no one alone, in the dark, to battle alone. Let's be there for others to help them with their fight.

Have a holy Shabbos! Ori Strum