## PARSHAS VAYEISHEV

# Motiv8 Motiv8 With R' Ori Strum



#### PARSHAH OVERVIEW

Yosef's brothers get angry at him. Yosef is thrown into a pit and sold. Incident with Yehuda and Tamar. Peretz and Zarach are born. Yosef in Potiphar's house. Wife of Potphar tries to seduce Yosef. Yosef is thrown in prison. Yosef interprets dreams in prison.



Pesukim - 112

Words - 1,558

**Letters - 5,972** 

Mitzvos - 0





#### **GEMATRIA**

The gematria of יונים is 116. It's interesting to point out that the 116th word of Chapter 39 is the word - and he refused. Just like Yosef, when we say "No" to the outside world, we can overcome the ideology of the Greeks!

#### THOUGHTS IN CHASSIDUS

The Rebbe of Meriminov says that a Jew is supposed to live in the realm of במסיף והולך - constantly becoming more and more! This idea is alluded to in the words אלה תולדות יעקב יוסף - Yaakov was a מוסיף, always searching and becoming more!





#### **DID YOU KNOW**

The 36 candles that we light on Chanukah correspond to the 36 hours in which the Ohr Hagganuz was on this world!



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#### QUOTABLE QUOTE

When God is at the centre of our lives, we open ourselves up to the glory of creation and the beauty of other people Rabbi Jonathan Sacks zt"l

### **QUICK VORT**

The Torah tells us at the beginning of the Parshah: וישב יעקב בארץ מגורי אביו - Yaakov was settled in the land where his father had sojourned.

It is pointed out (see Rav Hirsch) that these two words - וישב and ישב are opposites.

Rashi famously says how Yaakov was בקש לישב בשלוה - he wanted to dwell in tranquility, but Hashem had other plans for him. It wasn't time to just "chill."

Perhaps, the Torah is trying to teach us a lesson and message, namely, that the mission of a Jew is to be able to experience מגורי amidst the וישב.

Amidst the sojourns and constants movements of life, that is how we can actually find inner peace. We are meant to find tranquility in the מגורי, the movements and sojourns of life, realizing that the only constant in life is change!

Have a holy Shabbos!